

## Programme Structure

Year I: Semester I		CU
PSY 6101	Individual differences and Personality Psychology	3
PSY 6102	Social Psychology	2
PSY 6103	Human Development	2
CLG 6101	Principles of Guidance	3
CLG 6102	Theories of Counseling	3
CLG 6103	Counseling Workshop	3
Semester II		
CLG 6201	Family and Group Psychotherapy	3
CLG 6202	Community Psychology	3
CLG 6203	Internal Practicum	9

Seminar Courses (One is chosen by each candidate)		
CLG 6204	Terminal Illness and Bereavement	3
CLG 6205	Health Issues in Counseling	3
CLG 6206	Counseling Delinquents	3
CLG 6207	Biblical Counseling	3
CLG 6208	Occupational Counseling	3
CLG 6209	Psychosexual Issues in Counseling	3
CLG 6210	Child Counseling	3
CLG 6211	Gender Issues in Counseling	3

## GRADUATE COURSES OFFERED TO STUDENTS ON THE DIPLOMA IN EDUCATION (PGDE) PROGRAMMES

Year I: Semester I		
EDP 6101	General Psychology	
EDP 6102	Human Learning Classroom Behaviour	
EDP 6103	Human Growth and Development	

Semester II		
EDP 6201	Research, Measurement and Evaluation	
EDP 6202	Guidance and Counselling	
EDP 6203	Special Needs Education	

## MASTER OF SCIENCE IN CLINICAL PSYCHOLOGY (MSCP)

### Objectives of the Programme

Acceptance into this programme assumes a background in theories of development, and personality as well as knowledge of behavioural disorders as they develop across the life-span and as they are manifested in various cultural and social settings (including families, organizations, and the community), statistics and research methodology. Hence the theory and practice in clinical psychology is placed in the intellectual context of the general field of psychology and other social, behavioral, and science disciplines.

The programme is designed to provide opportunities for the participants to acquire:

- a) The background and knowledge to do assessment and diagnosis of psychological disorders and problems.
- b) The foundations for the practice of

psychotherapy to use in individual and group therapy applying both standard and brief solution focused approaches to meet the needs of one's clients or patients. Therapists work through awareness of the values and ethics of such treatment,

- c) The practical techniques and client understanding, empathy, and unconditional positive regard which skills include:
  - i) Developing a client therapist rapport that facilitates openness and confidentiality,
  - ii) Sensitivity to client defenses and resistances developed to protect the client from under stress and withdrawal,
  - iii) Freeing the client's personal strength and coping skills so as to develop and maintain positive

interpersonal relationships in one's social environment and in society,

- iv) Involving family members and significantly others in the therapeutic process with the agreement of the client when such interactions are appropriate and conducive to client growth and development.
- d) The attitudes, ethics, and values requisite for a clinical psychologist.
- e) The knowledge and training to facilitate the development of clinical awareness and skills among colleagues and other professionals,
- f) The training and experience in self-evaluation and need for continuous knowledge development to enable life-long professional development.

The structure of the programme provides the integrative training of general clinical psychologists, with beginning expertise in some area of intervention. This expertise will come from ones practicum experience, supervision, and concentration. Areas of specialization include adult psychopathology, individual and group psychotherapy, child/family psychopathology and treatment, community psychology and prevention.

**Programme Structure**

The programme is 24 months of full-time study. In Year I lectures, independent inquiry, and practicals will comprise the first two semesters. Year II will be dedicated to advanced courses in the programme, practicals and the completion of a dissertation.

Year I: Semester I (Course)		CU
CLL 7101	Professional Studies	3
CLG 7102	Theories of Psychotherapy	3
CLL 7102	Psychotherapy Lab	2
CLL 7103	Psychological Disorders	4
CLL 7104	Cultural Issues in Psychotherapy	4
<b>Semester II</b>		
CLL 7201	Family and Group Therapy	3
CLL 7202	Child and Adolescence Psychotherapy	3
CLL 7203	Child Practicum	3
CLL 7204	PSTD & STSD Syndromes	3
ORG 7203	Academic Writing and Research Design Workshop	3
<b>Year I: Semester I</b>		
CLL 8101	Clinical Assessment (Child)	3
CLL 8102	Clinical Practicum	9
CLL 8103	Elective Course	3
<b>Semester II</b>		
CLL 8201	Clinical Assess (adults)	3
CLL 8202	Clinical Practicum	9
CLL 8203	Dissertation	3
CLL 8204	Seminar: Advances in Clinical Psychology	3
CLL 8205	Cognitive Behaviour Therapy	3
CLL 8206	Community Intervention	3
CLL 8207	Biochemical Basis of Behaviour	3
CLG 8203	Bereavement Counseling	3
CLG 8204	Health Issues in Counseling	3
CLG 8206	Biblical Counseling	3
CLG 8210	Gender Issues in Counseling	3

**MASTER OF ARTS IN COUNSELLING (MACO)**

**Objectives**

This programme of study is intended for honours graduates who are presently involved in counseling and the helping professions, as well as new graduates who have the proven maturity and people skills requisite for entry into the counseling profession. The programme is designed to provide opportunities for participants to acquire:

- a) Theoretical bases for psychotherapy

and the relationship between values and theory development

- b) Understanding of human function and dysfunction within society.
- c) Practical skills necessary for professional efficacy which include:
  - 1) Creating an empathic environment to facilitate the counselee's hope for positive personal change.